



United Natural Foods to Webcast Investor Presentation at the FRB / Weber Shandwick Virtual CEO Summit

November 30, 2001

DAYVILLE, Conn., Nov 30, 2001 /PRNewswire via COMTEX/ -- United Natural Foods, Inc. (Nasdaq: UNFI) announced today that Michael Funk, Chief Executive Officer and Todd Weintraub, Chief Financial Officer are scheduled to conduct a live Internet webcast of the Company's investor presentation at the FRB / Weber Shandwick Virtual CEO Summit on Tuesday, December 4, 2001 at 9:00 a.m. ET. The United Natural Foods presentation can be accessed via www.vcall.com , www.streetevents.com and the Company's website at www.unfi.com .

Audience members will need to download, prior to the event, Media Player to view the slides and hear the audio. It is recommended that users access the website 10 minutes before the scheduled presentation start time. A replay of the Internet webcast will be available at www.unfi.com for 90 days.

About United Natural Foods

United Natural Foods, Inc. carries and distributes over 30,000 products to more than 7,000 customers nationwide. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores and independent retail operators

"Safe Harbor" Statement under the Private Securities Litigation Reform Act of 1995: Statements in this press release regarding United Natural's business which are not historical facts are "forward-looking statements" that involve risks and uncertainties. For a discussion of such risks and uncertainties, which could cause actual results to differ from those contained in the forward-looking statements, including but not limited to general business conditions, the impact of competition and our dependence on principal customers, see "Risk Factors" in the Company's annual report on Form 10-K filed with the Commission on October 23, 2001, and its other filings under the Securities Exchange Act of 1934, as amended. Any forward-looking statements are made pursuant to the Private Securities Litigation Reform Act of 1995 and, as such, speak only as of the date made. United Natural is not undertaking to update any information in the foregoing reports until the effective date of its future reports required by applicable laws.