



UNFI to Release FY2001 Q4 Results on September 6

August 23, 2001

Dayville, Connecticut – August 23, 2001 -- United Natural Foods, Inc. (Nasdaq: UNFI) today announced that it intends to release its financial results for the fourth quarter ended July 31, 2001 before the market opens on Thursday, September 6, 2001.

Management will conduct a conference call and audio webcast at 11:00 a.m. ET on September 6, 2001 to review the Company's quarterly results, market trends and future outlook.

The conference call dial-in number is 703-871-3599. The audio webcast will be available to the public, on a listen-only basis, via the Internet at www.viavid.com. Please allow extra time prior to the call to visit the site and download the necessary software to listen to the Internet broadcast. The online archive of the webcast will be available for 30 days.

About United Natural Foods

United Natural Foods, Inc. carries and distributes over 30,000 products to more than 7,000 customers in 50 states. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores and independent retail operators.

For more information on United Natural Foods visit the Company's web-site at www.unfi.com.

AT THE COMPANY: AT THE FINANCIAL RELATIONS BOARD:

Thomas Simone	Joseph Calabrese	Vanessa Schwartz
Chairman of the Board	General Information	Analyst Information
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This press release contains forward-looking statements relating to the operations of the Company and such statements involve a number of risks and uncertainties. Actual results may differ materially from those projected in the forward-looking statements. Additional information concerning factors that could cause actual results to materially differ from those in the forward-looking statements is contained in the Company's SEC filings, including its periodic reports filed under the Securities Exchange Act of 1934, as amended (copies of which are available upon request from the Company's investor relations department).