

MGM Resorts International Recognized For Promoting A Healthy Lifestyle And Work Environment For Employees

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Company honored with "Best Employers for Healthy Lifestyles®" Award from the National Business Group on Health

WASHINGTON, June 26, 2014 /PRNewswire/ -- MGM Resorts International (NYSE: MGM) is one of the nation's "Best Employers for Healthy Lifestyles®", says the National Business Group on Health, a leading non-profit, membership organization devoted to finding forward-thinking solutions to important health care issues.

Its ongoing commitment to promoting a healthy work environment and encouraging workers and families to maintain healthy lifestyles were key elements to the company earning a Gold Award. This marks the first time the company has competed for the award.

"We are very pleased to honor MGM Resorts for its dedication to providing programs that encourage wellness and healthy lifestyles for their employees and families," said Brian Marcotte, President and CEO of the National Business Group on Health. "MGM Resorts is among an elite group of organizations that are leading the way to promote healthy workplaces and lifestyles. Its management team should be proud of their efforts and we congratulate them on receiving this award."

Other well-known companies named to the "Best Employers for Healthy Lifestyles®" list include: Bank of America, The Boeing Company, Hewlett-Packard and PepsiCo. MGM Resorts is the only company in the entertainment, gaming and hospitality industry to receive this distinction.

"MGM Resorts strongly believes in investing in our employees' health and the health of their families," said Jeff Ellis, MGM Resorts' Vice President and CFO for Corporate Human Resources Shared Services. "The best way to ensure we have a successful company and a healthier community is to provide employees with the tools and resources they need to protect their health."

MGM Resorts was among 63 companies that received the "2014 Best Employers for Healthy Lifestyles®" award at the Leadership Summit sponsored by the National Business Group on Health's Institute on Innovation in Workforce Well-being. The company's Gold Award reflects the successes of its wellness programs, which include: an annual mammogram awareness campaign; free access to health and wellness coaches; free on-site exercise classes; free healthy lunches, and a tobacco cessation program.

Additionally, MGM Resorts has developed a healthy eating mobile application, 'Healthy Eating. Healthy You', to promote healthy living among its employees, the communities in which it operates, and beyond. Since its launch in September 2012, the mobile app has received more than 79,800 downloads.

Winners of the "Best Employers for Healthy Lifestyles" awards were honored in one of two categories: Platinum, for exemplary workplace well-being programs, cultures and results; or Gold, for creating cultural and environmental changes that support employees in their lifestyle and behavior changes.

About the National Business Group on Health

The National Business Group on Health is the nation's only non-profit, membership organization of large employers devoted exclusively to finding innovative and forward-thinking solutions to their most important health care and related benefits issues and to being the voice for large employers on national health care issues. The Business Group, whose 392 members include 69 of the Fortune 100, identifies, develops and shares best practices in health benefits, disability, health and productivity, related paid time off and work/life balance issues. Business Group members provide health coverage for more than 55 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

About MGM Resorts International

MGM Resorts International (NYSE: MGM) is one of the world's leading global hospitality companies, operating destination resort brands including Bellagio, MGM Grand, Mandalay Bay and The Mirage. The Company also owns 51% of MGM China Holdings Limited, which owns the MGM Macau resort and casino and is in the process of developing a gaming resort in Cotai, and 50% of CityCenter in Las Vegas, which features ARIA resort and casino. For more information about MGM Resorts International, visit the Company's website at www.mgmresorts.com.

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For further information: Sonya Padgett, MGM Resorts International, 702-891-1837, spadgett@mgmresorts.com