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FOR IMMEDIATE RELEASE

Office Properties Income Trust Announces Second Quarter 2026 Results

Newton, MA (August 5, 2026): Office Properties Income Trust (Nasdaq: OPI) today announced its financial results for the quarter ended June 30, 2026, which can be found at the Quarterly Results section of OPI's website at <https://www.opireit.com/investors/financial-information/default.aspx>.

A conference call discussing OPI's second quarter results will be held on Thursday, August 6, 2026 at 9:00 a.m. Eastern Time. The conference call may be accessed by dialing (877) 328-1172 or (412) 317-5418 (if calling from outside the United States and Canada); a pass code is not required. A replay will be available for one week by dialing (855) 669-9658; the replay pass code is 2878755. A live audio webcast of the conference call will also be available in a listen only mode on OPI's website, at www.opireit.com. The archived webcast will be available for replay on OPI's website after the call. **The transcription, recording and retransmission in any way of OPI's second quarter conference call are strictly prohibited without the prior written consent of OPI.**

About Office Properties Income Trust:

OPI is a national REIT focused on owning and leasing office properties to high credit quality tenants in markets throughout the United States. As of June 30, 2026, approximately 62% of OPI's revenues were from investment grade rated tenants. OPI owned 122 properties as of June 30, 2026, with approximately 17.1 million square feet located in 29 states and Washington, D.C. OPI is managed by The RMR Group (Nasdaq: RMR), a leading U.S. alternative asset management company with over \$37 billion in assets under management as of June 30, 2026, and 40 years of institutional experience in buying, selling, financing and operating commercial real estate. OPI is headquartered in Newton, MA. For more information, visit opireit.com.

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